

Pos	Bib	Athlete	Gender	Category	Finish	Run1	Trans1	Cycle
1	149	Sean McIntyre	M	M	02:44:18	00:11:42	00:01:21	01:16:59
2	146	Michael McGloin	M	MV40	02:58:26	00:11:44	00:00:50	01:25:58
3	112	Aidan Cunningham	M	MV40	03:00:34	00:11:45	00:01:07	01:28:08
4	133	David Lonnen	M	MV50	03:01:07	00:13:01	00:01:02	01:29:57
5	166	Vaughan Purnell	M	MV40	03:02:58	00:13:20	00:01:04	01:26:38
6	159	Michael Nugent	M	M	03:08:39	00:13:08	00:01:46	01:27:22
7	176	Jonathan Waddell	M	MV40	03:12:08	00:13:25	00:01:16	01:32:34
8	186	Michael Carrol	M	MV50	03:13:06	00:14:24	00:01:10	01:26:46
9	145	Michael McDonald	M	M	03:14:24	00:12:37	00:01:01	01:31:26
10	187	Ivan Sadlier	M	MV40	03:16:35	00:14:13	00:01:11	01:37:51
11	180	Mike Annett	M	MV40	03:17:34	00:13:22	00:01:10	01:35:37
12	164	Pat O`Hagan	M	MV40	03:18:27	00:13:40	00:01:18	01:31:30
13	177	Colin Wharry	M	M	03:20:40	00:13:16	00:01:48	01:29:48
14	124	Scott Henderson	M	M	03:21:33	00:12:36	00:01:19	01:35:48
15	127	Ronan Kernan	M	M	03:21:50	00:13:42	00:01:26	01:29:16
16	163	Damien O`Keefe	M	MV40	03:23:49	00:13:09	00:01:18	01:42:03
17	141	Brendan McArdle	M	M	03:25:05	00:13:00	00:01:07	01:35:57
18	135	Eddie Martin	M	MV40	03:25:06	00:13:01	00:01:04	01:35:04
19	138	Ray Mc Conville	M	MV40	03:25:31	00:13:05	00:01:18	01:34:44
20	130	Sonia Knox	F	FV40	03:26:53	00:13:18	00:01:02	01:40:03
21	165	Gerard Oreilly	M	M	03:28:09	00:12:47	00:01:15	01:31:17
22	153	Derek Moorhead	M	MV40	03:28:29	00:14:10	00:01:17	01:40:30
23	132	Steven Linton	M	MV40	03:30:00	00:14:01	00:01:03	01:47:56
24	122	Noel Goodman	M	MV40	03:30:53	00:13:41	00:01:47	01:33:37
25	140	Davy McAleer	M	MV40	03:35:50	00:13:14	00:01:33	01:40:50
26	157	Simon Murray	M	M	03:36:19	00:11:31	00:03:15	01:42:30
27	113	Graeme Davison	M	M	03:37:08	00:14:27	00:01:53	01:39:56
28	155	Mark Murnaghan	M	MV40	03:38:30	00:14:39	00:01:16	01:42:32
29	131	James Lemon	M	MV40	03:38:48	00:14:45	00:01:25	01:39:17
30	172	Donald Smith	M	MV40	03:38:48	00:14:20	00:01:31	01:43:29
31	185	Mark Miskelly	M	MV40	03:39:15	00:14:32	00:01:10	01:42:53
32	150	Ruairi McKeown	M	M	03:39:19	00:14:14	00:01:20	01:35:54
33	189	Ciara Havern	F	FV40	03:39:29	00:16:11	00:00:56	01:40:39
34	107	John Burke	M	MV40	03:39:49	00:14:18	00:01:38	01:46:07
35	103	Brian Bell	M	MV50	03:39:55	00:15:47	00:02:16	01:46:54
36	106	Jonathan Bunn	M	MV40	03:41:28	00:15:40	00:03:09	01:42:48
37	111	Mark Crothers	M	MV40	03:42:40	00:15:39	00:01:42	01:42:09
38	129	Eddie Kieran	M	MV40	03:45:07	00:13:59	00:01:21	01:44:32
39	115	Neill Dickson	M	MV40	03:47:01	00:15:14	00:01:49	01:43:22
40	101	Gareth Archer	M	MV50	03:47:01	00:15:15	00:01:55	01:43:15
41	118	Craig Fairless	M	MV40	03:49:55	00:14:55	00:01:56	01:43:13
42	136	David Maxwell	M	M	03:56:52	00:15:42	00:01:13	01:40:51
43	116	Jim Dougan	M	MV50	03:58:05	00:13:56	00:01:45	01:52:33
44	128	Emma Kerr	F	F	03:58:19	00:14:41	00:02:11	01:49:02
45	148	Neville McGroarty	M	MV40	04:00:47	00:16:07	00:01:30	02:00:23
46	104	Richard Bradley	M	MV40	04:01:16	00:13:15	00:00:52	01:55:34
47	123	Ronan Halpin	M	MV40	04:01:42	00:15:51	00:02:15	01:47:10
48	173	Carrie Stewart	F	F	04:02:06	00:15:17	00:01:46	02:06:41
49	160	Ciaran McCaffrey	M	MV40	04:02:43	00:15:53	00:00:48	01:52:51
50	158	Cathal McCoy	M	MV40	04:02:43	00:14:56	00:01:16	01:54:16
51	121	Trevor Ford	M	M	04:04:46	00:16:31	00:02:24	01:57:41
52	109	Mark Cordner	M	MV40	04:04:53	00:14:39	00:01:06	01:44:49
53	174	Nichola Swann	F	FV40	04:04:57	00:16:32	00:02:11	01:58:21
54	188	Trevor Woods	M	MV40	04:05:05	00:15:44	00:01:57	01:51:32
55	175	Ryan Tate	M	M	04:07:46	00:14:40	00:01:38	02:00:29
56	117	Kevin Dunne	M	M	04:07:59	00:15:49	00:01:56	01:47:43
57	105	Gordon Brown	M	MV40	04:08:00	00:14:51	00:01:58	01:48:31

58	151	David Montgomery	M	MV50	04:09:13	00:16:33	00:02:31	01:47:08
59	139	Martin Mc Shane	M	MV40	04:10:19	00:15:27	00:01:22	01:57:03
60	169	Judith Robinson	F	FV40	04:11:14	00:15:23	00:02:23	01:54:15
61	184	Jeremy Graham	M	M	04:13:17	00:15:49	00:02:29	01:53:14
62	183	Johnny Elliot	M	M	04:13:17	00:15:49	00:02:30	01:53:16
63	178	Scott Wharry	M	MV40	04:19:36	00:14:33	00:01:52	02:03:20
64	126	David Kennedy	M	M	04:21:46	00:15:48	00:02:12	01:52:07
65	114	David Deane	M	M	04:24:41	00:14:44	00:01:51	02:04:40
66	154	Neil Mulholland	M	M	04:24:42	00:14:07	00:01:57	02:05:11
67	144	Gary McCourt	M	M	04:26:33	00:15:18	00:02:01	02:05:10
68	196	Judith Robinson	F	FV40	04:27:09	00:17:37	00:01:38	02:02:15
69	167	Sheila Rafferty	F	FV50	04:27:25	00:15:47	00:02:18	02:09:58
70	142	Barbara McCluskey	F	FV40	04:28:33	00:16:30	00:02:25	02:10:13
71	143	Colin McCluskey	M	MV40	04:28:34	00:16:31	00:02:28	02:09:00
72	152	Michael Montgomery	M	MV40	04:28:34	00:16:29	00:02:31	02:08:59
73	171	Alexander Safranko	M	M	04:30:17	00:15:50	00:02:45	02:04:34
74	134	Charles Lynn	M	MV40	04:32:41	00:14:25	00:01:59	02:10:56
75	182	Bootsy	M	MV40	05:06:15	00:15:39	00:02:41	02:11:48
76	102	Robert Bain	M	MV50	05:13:45	00:18:36	00:03:19	02:25:17
77	110	Margaret Coulter	F	FV50	05:19:20	00:18:37	00:02:48	02:25:43
DNF	119	Ryan Faulkner	M	M		00:14:09	00:02:05	02:04:54

<b>Trans2</b>	<b>Run2</b>
00:01:06	01:13:12
00:01:05	01:18:50
00:01:12	01:18:23
00:01:05	01:16:02
00:01:06	01:20:52
00:02:34	01:23:50
00:01:53	01:23:02
00:01:09	01:29:39
00:01:22	01:27:59
00:01:23	01:21:58
00:01:17	01:26:11
00:01:36	01:30:25
00:01:55	01:33:55
00:01:44	01:30:09
00:02:00	01:35:28
00:01:21	01:26:00
00:02:02	01:33:01
00:00:15	01:35:43
00:02:05	01:34:21
00:01:29	01:31:04
00:02:22	01:40:30
00:02:33	01:30:02
00:01:53	01:25:09
00:02:26	01:39:25
00:02:49	01:37:25
00:04:05	01:34:59
00:02:29	01:38:26
00:01:09	01:38:57
00:01:27	01:41:55
00:01:11	01:38:19
00:01:44	01:38:59
00:02:14	01:45:39
00:01:18	01:40:27
00:04:46	01:33:02
00:02:18	01:32:42
00:01:48	01:38:05
00:01:49	01:41:22
00:01:27	01:43:50
00:02:35	01:44:03
00:02:35	01:44:04
00:02:14	01:47:39
00:01:33	01:57:34
00:01:50	01:48:03
00:02:26	01:50:00
00:02:15	01:40:34
00:01:55	01:49:42
00:03:57	01:52:31
00:00:09	01:38:14
00:01:42	01:51:31
00:01:39	01:50:39
00:02:48	01:45:24
00:02:07	02:02:13
00:02:42	01:45:13
00:03:19	01:52:35
00:01:54	01:49:07
00:02:25	02:00:09
00:04:02	01:58:40

00:02:35 02:00:29  
00:03:41 01:52:47  
00:02:47 01:56:28  
00:03:06 01:58:40  
00:03:04 01:58:40  
00:02:00 01:57:52  
00:04:03 02:07:37  
00:01:57 02:01:31  
00:01:55 02:01:34  
00:02:08 02:01:59  
00:02:45 02:02:56  
00:05:04 01:54:20  
00:03:45 01:55:42  
00:04:53 01:55:43  
00:04:53 01:55:43  
00:02:38 02:04:31  
00:02:12 02:03:12  
00:04:34 02:31:34  
00:03:27 02:23:08  
00:04:07 02:28:07